

KA HŪLILI



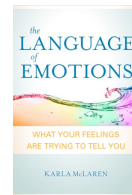
NASW Hawaii Chapter Newsletter

The good we secure for ourselves is precarious and uncertain until it is secured for all of us and incorporated into our common life.

-Jane Addams



NASW HAWAI'I AWARD & SCHOLARSHIP RECIPIENTS



BOOK REVIEW THE LANGUAGE OF EMOTIONS



MEMBER PROFILE: MARCIA HAMILTON, MSW

Hawaii Legislative Update 2015

NASW Hawai'i is part of several groups that work with legislators to draft and support or oppose proposed legislation. Some of the bills to watch are listed below:

HB 451/ SB 387 Affirmative Consent: Requires the University of Hawaii system to establish and enforce an affirmative consent standard for all policies and protocols relating to sexual assault, domestic violence, dating violence, and stalking as a condition of receiving state funds for student assistance. **Supported**

HB 447 Relating to Domestic Violence: Removes certain unnecessary and redundant reporting responsibilities of the family courts and the Department of Human Services in cases where temporary restraining orders are sought for alleged domestic abuse involving a family or household member who is a minor or incapacitated person. **Supported**

HB 446/SB 384 Address Confidentiality: Establishes the Address Confidentiality Program to help survivors of domestic violence, sexual assault, and stalking to relocate and keep their addresses confidential. Creates the Address Confidentiality Program Surcharge Fund. (HB446 HD1) **Supported**

HB 453 Low Income Tax Credit: Amends income tax credit for low-income household renters to adjust for inflation. **Supported**

HB 455/SB 385 Relating to Cancer: Appropriates funds to the department of health for the breast and cervical cancer control program. **Supported**

HB 449/SB 388 Requires each county police department to post its policies relating to domestic violence, officer-involved domestic violence, and standards of conduct on its official website. **Supported**

SB 398 Relating to Health: protection for good Samaritans who call for help for people who are overdosing. **Supported**

HB 1108, relating to Mandatory Health Insurance Coverage; Autism Spectrum Disorders, **Supported with Amendments**

www.capitol.hawaii.gov

Letter from the President

Greeting Fellow Members,

In this month's letter, I wanted to take some time to recognize and appreciate the hard work of our newest chapter executive director, Sonja Bigalke-Bannan. In the few short months since she started, Sonja has worked tirelessly on behalf of the chapter and achieved some noteworthy accomplishments.

Many of you may not be aware that the chapter has one, just one, paid staff to operate the day-to-day business of NASW. Considering all of the different roles and responsibilities the position entails, from legislative work to answering the telephone and returning emails, the Executive Director is the truly the "hub" of the chapter wheel. Having a person in this position that is able to manage the daily details while simultaneously keeping the bigger picture in mind is vital for our chapter.

Aside from the day-to-day tasks like taking phone calls, answering emails and paying bills here is a short list of some of Sonja's efforts thus far:

- She helped draft legislation for the 2015 session regarding Affirmative Consent.
- She holds regular networking and CE opportunities, like the monthly "Social Work Film Fest" for social workers to gather, network and learn from each other.
- She broadened our (very limited) chapter operating budget by making use of NASW Foundation funds to help pay for some chapter functions.
- She has implemented the development of a Hawaii LSW/LCSW exam study guide and prep course that will allow the chapter to hold prep courses at a fraction of the cost it has before.
- She maintains a directory of social workers who are willing to supervise LCSW candidates.
- She is heading up the planning of our annual awards dinner and was able to get Dr. Maya Soetoro-Ng as our keynote speaker.
- She has taken upon herself to personally call and welcome new chapter members.

These are only some of the great things that Sonja has done in a very short time. I hope you will join me in thanking her for her efforts on our behalf and ask you to take a minute if you can when you see her to let her know how great of a job she is doing.

Mahalo,

Eddie

NASW Board

President

Eddie Mersereau,

CSAC, LCSW



Please post your thoughts on how we as social workers can work to improve the status quo to our twitter feed #NASWHawaii or to our Facebook, National Association of Social Workers- Hawai'i Chapter, we want to hear from you!

2014-2015 NASW Hawai'i Board of Directors

President: Eddie Mersereau,
LCSW, CSAC

Vice-President: Jennifer Kwok,
LSW

Treasurer: Gwen Murakami, MSW

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Theresa Kreif, MSW, LSW

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Tim Hansen, MSW

**West Hawai'i Branch
Representative:**

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LCSW

Kaua'i Branch Representative:

Crystal Stoner, MSW

Maui Branch Representative:

Jessica Brazil, LCSW

MSW Student Representative:

Chris Slavens

BSW Student Representative:

Aaron Farias

**Awards & Nominations
Committee:**

Karissa Kinney, MSW

Ken Lee, MSW

Executive Director: Sonja Bigalke-
Bannan, MSW, LSW

NASW Hawai'i Chapter

677 Ala Moana Blvd. Suite 702

Honolulu, HI 96813

808.521.1787

info@naswhi.org

www.naswhi.org

2015 NASW HAWAII' I SOCIAL WORK AWARDS DINNER

Friday, March 6, 2015

6 - 10pm

Hale Koa, Honolulu, HI

Key Note Speaker

Maya Soetoro-Ng



• Door prizes • Online Auction

For ticket information visit us at www.naswhi.org



National Association of
Social Workers - Hawaii Chapter
677 Ala Moana Blvd. #702
Honolulu, HI 96813

Telephone: (808)521-1787
Fax: (808) 534-1199

Email: info@naswhi.org
Web: www.naswhi.org

2015 NASW Hawai'i Scholarship and Award Recipients

\$500 BSW Scholarships:

Giavante Douglas, HPU
Kaiulani Kaalekahi, UH
Erin Ram, BYU-H

\$1,500 MSW/PhD Scholarships:

Ghia Delapena, UH, MSW
Diane Kawasaki, UH, MSW

Lifetime
Achievement:

***Alan Gamble,
LCSW***

Clinical Social
Worker,
Developmental
Pediatrics,
Tripler Army
Medical Center

Practitioner of the
year:

***Mary Nakasuji-
Yoshino, MSW***

Social Worker,
Queens Cancer
Center

Social Justice &
Advocacy:

***Katie Bennett,
JD, MSW***

Attorney, Bennett
Law Group LLLC
Junior Specialist,
UH Manoa school
of Social Work

Friend of Social
Work:

Ben Henderson

President &
Executive
Director, Queen
Liliuokalani
Children's Center



Member Profile: Marcia Hamilton

Q: What is the role of a Hepatitis Care Coordinator?

A: We provide support for people getting care for Hepatitis. Some are being monitored by their doctors, others are going through treatment. We advocate for our clients and help them follow their doctor's recommendations for care

Q: What do you wish the general population knew about your work?

A: Everyone should talk to their doctor about getting tested for Hepatitis B and C, it is so much more common in the population than people realize

Q: How do clients access your services?

A: Most of our clients come to us through word of mouth or self referrals. You can find out more on our website www.hepfreehawaii.org

Q: What skill set is important?

A: Warmth, empathy, genuineness. Being organized and having compassion, you have to use your brain and heart and don't stigmatize drug users.

Q: What do you find most satisfying about your job?

A: Seeing clients begin to have hope and intentionality in their lives. These go together. Getting people into housing is the most satisfying and is my favorite part of my job.

Q: What do you do for self care?

A: I think self care is super important. What I do is try to get enough sleep, eat healthily and making having fun a priority in my life. For both myself and my clients, I try to emphasize the importance of having fun in life. Why are we struggling

through all that we do if we aren't making time for fun?

Q: How did you get into social work?

A: My parents raised me with a social conscience and then I was a single teen mother so I had some personal experience that gave me compassion and understanding about the difficulties that people undergo. More recently, I was working downtown and seeing homeless people every day. As I began to interact with them and get to know them, I couldn't just walk by any more. I started to know people on the corner by name and not just as "that guy". I had the support of my husband to quit my job and go back to school for my MSW which really made it possible.

Q: What is your most significant social work accomplishment?

A: My biggest accomplishment is getting clients housed. Which comes with other problems to figure out. It's been really helpful to me to get to know more people in our field, to make connections and share resources.

Q: Why are you an NASW member?

A: Social Work is an important field and it is important that we work together and share information. We all know such different things and we need to know about all the different resources that are available to us. Social Work also has such a strong emphasis on ethics and collaboration and working together to not go it alone.

Q: As a recent graduate, what impact would you like to make on the field of Social Work?

A: I hope to influence others to join our mission to help those who are less fortunate.



Name:
Marcia Hamilton,
MSW

Agency name & location:
Hep Free Hawaii,
Honolulu, HI

Title:
Hepatitis Care
Coordinator

Length of time at present job:
3 months
(5 years working in current field)

School of social work:
UH Mānoa

email:
marcia.hamilton83@
yahoo.com

Celebrate Social Work Month

with

**Hawai'i Pacific University
School of Social Work**

and

Special Guest Speaker

Steve Lopez, LA Times reporter and author of *The Soloist*. He will address personal advocacy, our work in homelessness and mental health, and the power of relationships to create change.

\$50 in advance, \$55 at the door

Join us for great food, 2 NASW-approved CEUs, inspiration, and awards ceremony.

All monies to support the HPU Student Scholarship fund.

RSVP: <https://www.surveymonkey.com/r/5PWKXRC>

For information: Aislyn Matias amatias@hpu.edu
544-0234 or visit www.hpu.edu/sw

Luncheon
at
Café Julia

Monday
March 30th

11:30 a.m.
until
2:00 p.m.

Café Julia
1040
Richards
Street
Honolulu
Hawai'i
96813

[Click to
RSVP](#)

Advertise in the NASW newsletter! Reach over 850 social workers in Hawai'i!

Advertising Rates Line classified: \$4.00 per line, approximately 35 characters, with a 5 line minimum.

Display advertisements with borders: business card size = \$30; 1/4 page = \$50; 1/2 page = \$75; full page = \$115.

Deadline for Receipt of articles: Usually the last Friday of the month for the following month. Call the Chapter office to verify the next printing of the newsletter and website posting (rates are per month).

Advertisements may include employment, office space, seminars, or miscellaneous ads and will also be posted on our website for that month. Our website receives over 30,000 hits and over 3,000 individual visits each month.

Subscription Rate for non-members: \$20/year; Mailing labels one time rental= 25 cents per label.

Send information to: NASW Hawai'i Chapter, 677 Ala Moana Blvd. #702, Honolulu, HI 96813, Phone: 521-1787, Fax: 628-6990

NASW reserves the right to accept, reject or edit advertisements, articles and notices of events based on publication schedule, space limitations, and appropriateness. Publication of advertising copy does not constitute endorsement or approval of the contents therein of a book, other publications, points of view,

NASW HAWAII CHAPTER - CE Webinar Series

National Association of Social Workers

**Building the medical neighborhood -
One (collaborative) relationship at a time.**

**Thursday, February 26, 2015
12:00 PM - 1:00 PM
REGISTER
online @ naswhifeb.eventbrite.com**

Presented by:

Cheryl Soo Hoo, MPH, CPH
Program Director, Partners for Quality Health

Robin Arndt, MSW, LSW
Project Coordinator, University of Hawaii at Manoa

This webinar is intended for social workers and other allied professionals who collaborate in the healthcare field.

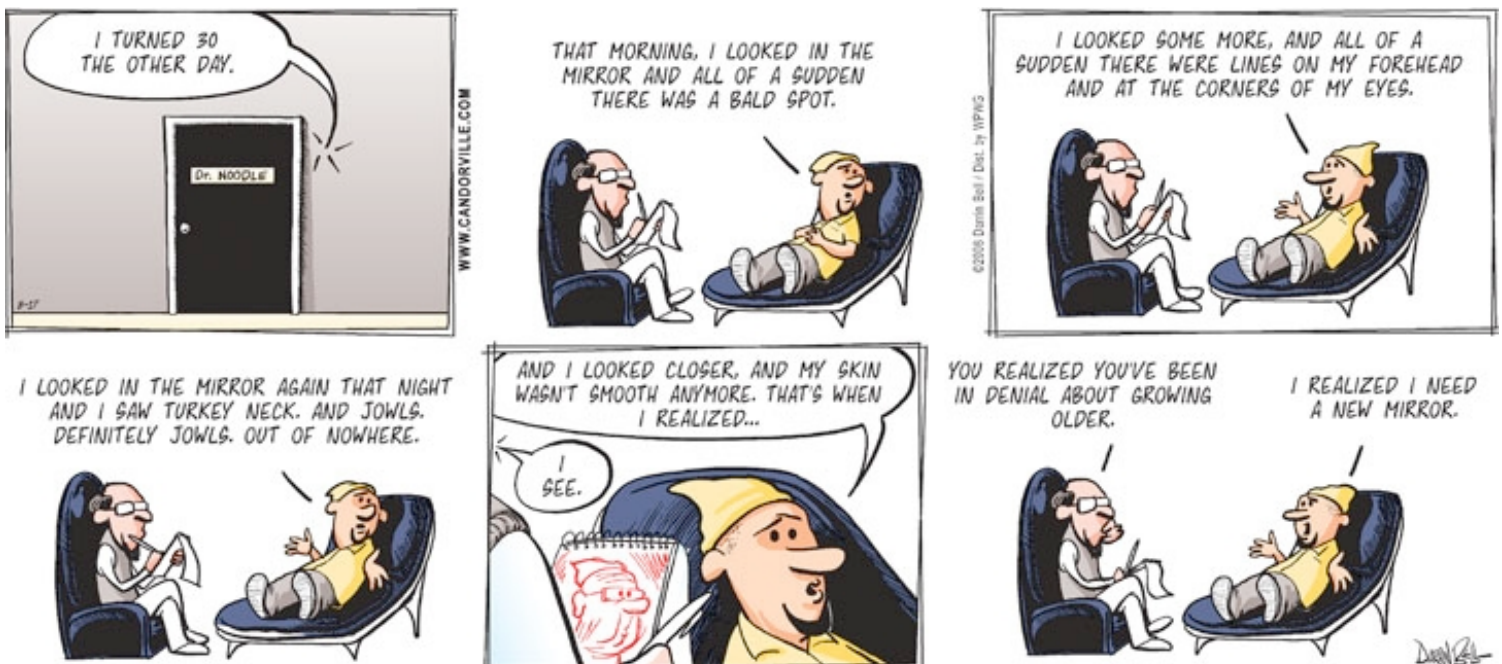
Upon completion of this activity, participants will be able to:

- Define the relationships in a medical neighborhood;
- Identify the roles in establishing a collaborative partnership;
- Describe strategies for collaborating with healthcare colleagues;
- Summarize challenges that one may encounter in these conversations; and
- Apply strategies into practice.

Registration Fees

**FREE - NASW Member
\$10 - Non-members**

This program is approved by the National Association of Social Workers - Hawai'i Chapter (Approval HI62792015-015) for up to 1 Social Work continuing education contact hours.



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Upcoming Continuing Education Opportunities

NASW Webinar: Building the medical neighborhood- one relationship at a time	Thursday February 26, 12-1p	virtual on “go to webinar”	https:// www.eventbrite.co m/myevent? eid=15699330119 1 free CEU
Micronesian Network and Support System	Friday Mar 13, 12pm – 1pm	Place: Queens Conference Center Auditorium (QCC) 510 South Beretania Street Honolulu, HI 96812	Call Camille Cristobal Phone: (808) 627-5246 Email: cuc@hawaii.edu 1 CEU
HPU Social work Month Event: A conversation with Steve Lopez, author of “The Soloist”	Monday March 30, 11:30-2:00	Place: Cafe Julia 1040 Richards Street Honolulu, HI 96813	www.surveymonke y.com/r/5PWKXRC 2 CEUs

Book Review: The Language of Emotions

Author Karla McLaren examines our relationships with our emotions, our attachments to the pleasant emotions and our avoidance of the difficult and unpleasant emotions. She suggests that we can use our emotions as messengers that can open us up to new possibilities. The author writes, "Our current understanding of emotion lags far behind our understanding of nearly every other aspect of life. We can chart the universe and split the atom, but we can't seem to understand or manage our natural emotional reactions to provoking situations. We work with nutrition and exercise to increase our energy, but we ignore the richest source of energy we possess — our emotions. We are intellectually brilliant, physically resourceful, spiritually imaginative, but emotionally underdeveloped. This is a shame because emotions contain indispensable vitality that can be channeled toward self-knowledge, interpersonal awareness, and profound healing." The author believes that we are all born as natural empaths, but we lose this ability through social norms as we grow up. She defines 5 empathic skills that we possess to work through trauma, Grounding Yourself, Defining Your Boundaries, Burning Contracts, Conscious Complaining, & Rejuvenating Yourself. Her in-depth examination of our relationship with our emotions is interesting and unconventional.

-Reviewed by Sonja Bigalke-Bannan, MSW, LSW

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Social Work Profession



Professional Development
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Employers



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CAREERS.socialworkers.org**

