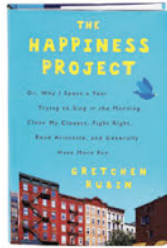


# KA HŪLILI

NASW Hawaii Chapter Newsletter

And now we welcome  
the new year. Full of  
things that have  
never been

Rainer Maria Rilke



**BOOK REVIEW:  
THE HAPPINESS PROJECT**



**THE STATS ON  
STALKING: STALKING  
AWARENESS QUIZ**



**SOCIAL WORK  
LICENSING BILL  
REVISION**

## NASW Congratulates President Obama's Executive Actions to Reduce on Gun Violence

Earlier this month, President Obama issued New Executive Actions to Reduce Gun Violence and Make Our Communities Safer.

The executive action primarily deals with the sale and exchange of firearms in the United States. While Obama's executive action will not end the unacceptable level of gun violence in the United States, it is a major and significant step towards reducing the access to guns by those who would harm themselves and others.

**The President's executive action includes the following key provisions:**

- The Alcohol Tobacco and Firearms Administration (ATF) is taking steps to finalize a rule to require background checks for potential buyers of the most dangerous weapons; establish an Internet Investigation Center to track illegal online firearms trafficking; and finalize a rule to ensure that dealers notify authorities if their guns are lost or stolen in transit.
- The FBI is overhauling the background check system to make it more effective and efficient.
- The Attorney General directed federal prosecutors to continue to focus on effective enforcement of our gun laws.



President Obama broke into tears while announcing new executive orders on gun control. Photo courtesy of Reuters.

- The Administration is proposing a new \$500-million investment to increase access to mental health care.
- The Social Security Administration will begin the rulemaking process to include information in the background check system about beneficiaries who are prohibited from possessing a firearm for mental health reasons;
- The Department of Health and Human Services (HHS) is finalizing a rule to remove legal barriers preventing States from reporting relevant information about people prohibited from possessing a gun for specific mental health reasons.

## **Mental Health and Gun Control**

Of particular interest to clinical social workers is the proposed new \$500 million in funding for mental health. Those dollars are to increase access to mental health care by targeting the seriously mentally ill and increasing the service capacity of the behavioral health workforce.

The section of the executive action that social workers, physicians and psychologist should pay attention to is the plan to remove unnecessary legal barriers preventing States from reporting relevant information to the background check system.

The content of this section is as follows:

Although states generally report criminal history information to the National Instant Criminal Background Check System (NICS), many continue to report little information about individuals who are prohibited by federal law from possessing or receiving a gun for specific mental health reasons.

Some state officials raised concerns about whether such reporting would be precluded by the Privacy Rule issued under the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

The Department of Health and Human Services issued a final rule expressly permitting certain HIPAA covered entities to provide to NIC limited demographic and other necessary information about these individuals.

We are concerned that this could compromise the important protection of confidentiality that HIPAA provides. This provision has a potential for wrongfully reporting persons to NICS.

Therefore, NASW will join other mental health advocates to work with the White House on assurances that the government will develop processes that will give individuals the ability to petition to have their names removed from the gun restriction list.

## **Gun Safety Research**

Many social workers may not be aware that in 1997 Congress expressly forbade the Centers for Disease Control and Prevention (CDC) from conducting empirical research on the causes and prevention of gun violence. This prohibition was the result of intensive pressure from the gun lobby. After the Newtown massacre, President issued an executive order that allowed for CDC to conduct limited data collection on gun violence.

On a whole, President Obama's New Executive Actions to Reduce Gun Violence and Make Our Communities Safer was an important step that will hopefully lead to measurable reductions in deaths and injuries from gun violence. However, there are still several steps Congress can take to curb gun violence, which has clearly become a major national public health issue:

- Ensure President Obama receives the \$500 million in funding needed to enhance the nation’s mental health system.
- Recognize that gun violence is a public health emergency by immediately lifting the ban on CDC by allowing it conduct research on the causes and prevention of gun violence.
- Ensure that the states and relevant federal agencies have sufficient funding to monitor gun sales and end illegal sales of guns by enforcing existing and enhanced laws.
- Work with the Obama Administration and future presidents on sensible gun policies and legislation.

We all should be reminded that over the past decade in America, more than 100,000 people have been killed as a result of gun violence. During that period, millions more have been the victim of assaults, robberies, and other crimes involving guns. Additionally, hundreds of thousands of Americans have died by suicide by using guns. Nearly 500,000 Americans suffered other gun injuries, and many children are killed or injured by firearms every year, often by accident.

Though we have concerns about what seems to be a weakening of confidentiality protections in the executive action, we support the President’s efforts. It is without a doubt that, as a nation, we must respond to the gun violence crisis. The president’s New Executive Actions to Reduce Gun Violence and Make Our Communities Safer is a positive step in that direction.

**For more information contact National Association of Social Workers Social Justice and Human Rights Manager Mel Wilson at [mwilson@naswdc.org](mailto:mwilson@naswdc.org).**

<b><u>NASW Hawai’i Board</u></b>	Cindy Nachtigall, MSW, LSW, ACSW	Danielle Phillips, BSW
<b>President:</b> Eddie Mersereau, LCSW, CSAC	<b>East Hawai’i Branch Representative:</b>	<b>BSW Student Representative:</b>
<b>President-elect:</b> Robin Arndt, MSW, LSW	Tim Hansen, MSW	Brianne Lyn Nagamine
<b>Vice-President,</b> Wendy Yoshioka, MSW	<b>West Hawai’i Branch Representative:</b> Brandon Kang, MSW, LCSW	<b>Awards &amp; Nominations Committee:</b>
<b>Treasurer:</b> Gwen Murakami, MSW	<b>Kaua’i Branch Representative:</b> Crystal Stoner, MSW, LCSW	Vicky Asayama, LSW, ACSW
<b>Secretary:</b> Mike Esquibil, LCSW	<b>Maui Branch Representative:</b> Jessica Brazil, LCSW	Christian Kunz, MSW
<b>Members at Large:</b>	<b>Moloka’i Branch:</b>	<b>Executive Director:</b> Sonja Bigalke-Bannan, MSW, LSW
Theresa Kreif, MSW, LSW	Edwina Greenleaf, BSW	<b>NASW Hawai’i Chapter</b>
Lauren Wilson, MSW	<b>MSW Student Representative:</b>	<b>677 Ala Moana Blvd. Suite 903</b>
<b>O’ahu Branch Representative:</b>		<b>Honolulu, HI 96813</b>
		<b>808.521.1787</b>

# Upcoming CEU Opportunities

<b>Maximizing Effectiveness in Working With Female Offenders</b>	When: 2/12/16 Cost: students \$25, early bird, day of \$55 3 CEUs	Place: HPU 45-045 Kamehameha Highway, Kaneohe, <b>(O'ahu)</b>	Register: <a href="http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf">http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf</a>
<b>Free NASW Hawai'i Webinar: Ethics of Legislative Involvement</b>	When: 2/22/16, 12p-1p Cost: Free 1 CEU	Webinar	Register: <a href="https://attendee.gotowebinar.com/register/4070772849256695297">https://attendee.gotowebinar.com/register/4070772849256695297</a>
<b>HAPT 18th Annual Conference</b>	When: 2/25/16-2/26/16 Cost: \$265 HAPT/ \$320 non-member 12 CEUs	Place: Dole Cannery, Pomaikai Ballroom	Register: <a href="http://www.hawaiiplaytherapy.net">www.hawaiiplaytherapy.net</a>
<b>EMDR Basics Training, Weekend 2</b>	When: 4/1/16-4/3/16 Cost: \$850 early bird, \$925 after. Discounts available for non-profits 20 CEUs	Place: New Otani Kaimana Beach Hotel, 2863 Kalakaua Ave, Honolulu <b>(O'ahu)</b>	Register: <a href="http://www.emdr.com">www.emdr.com</a>
<b>How to Be an Effective Clinical Supervisor</b>	When: 3/11/16 Cost: students \$25, early bird, day of \$55 3 CEUs	Place: HPU 45-045 Kamehameha Highway, Kaneohe <b>(O'ahu)</b>	Register: <a href="http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf">http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf</a>
<b>Developing Attention to Ethics: Work with Volunteers/ Paraprofessionals</b>	When: 4/1/16 Cost: students \$25, early bird, day of \$55 3 CEUs	Place: HPU 45-045 Kamehameha Highway, Kaneohe <b>(O'ahu)</b>	Register: <a href="http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf">http://www.hpu.edu/CHSS/SocialWork/blocks-home-rightcol/2016_CEU.pdf</a>
<b>Trauma Informed Care</b>	When: 4/8/16 Cost: \$50 NASW/ HYSN members, \$100 non-members 6 CEUs	Place: Courtyard Maui Kahului Airport 532 Keolani Pl, Kahului <b>(Maui)</b>	Register: Co-hosted by NASW Hawai'i & HYSN contact Jennifer Fonseca <a href="mailto:jennifer@hysn.org">jennifer@hysn.org</a>
<b>11th Bioethics Conference: Dementia- A Population Health Challenge: Rising Rates, Emerging Ethics</b>	When: 4/29/16 7 CEUs Cost: \$150 Early bird registration before April 1, 2016	Place: Pomaika'i Ballrooms, Dole Cannery, Honolulu <b>(O'ahu)</b>	Register: <a href="http://2016EthicsConference@stfrancishawaii.org">2016EthicsConference@stfrancishawaii.org</a>

# Letter from the President

Aloha and Hau'oli Makahiki Hou!

Let me begin by saying mahalo nui loa for electing me the next president of NASW-Hawaii. These first six months as President-Elect have been a rich learning experience. Our board is filled with dedicated individuals who volunteer countless hours to fulfill their duties and is complimented by a gifted Executive Director who is passionate to serve our membership through advocacy and programming.

As we celebrate NASW's 60th anniversary, we look back upon the success of our organization and chapter, while looking forward to the future and promise that it holds. The national office recently released the theme for this year's Social Work Month, *Forging Solutions Out of Challenges*. It is a reminder of the hard work that each social worker does on a daily basis. Despite the struggles we may encounter, through our practice of social work, we find the solutions, wherever they may be hidden.

This theme also describes for me the work that comes out of our chapter. We are not without our challenges and though we have limited resources, I am continually impressed with the amount of programming and advocacy that we are able to accomplish. There remains many more opportunities that will further the voice of social work in Hawaii. And in order to flourish, the chapter must rely upon our members to contribute time and expertise. I encourage you to volunteer to serve on a committee, coordinate an event, or spend time volunteering at the chapter office.

Even with the volunteer support of our members, we must also have realistic expectations of where we should focus the Chapter's resources. On January 11, an email survey was distributed to the membership. This survey focuses on learning your views on what the chapter programmatic priorities should be. Great ideas come from many different places and who better to help us learn where we should focus our resources, than our members. You are our greatest asset.

The results from the survey will be combined with other information to help the Board continue the work of past leadership in creating a vision for the future. As the work progresses, I'll continue to highlight it in newsletter. I also welcome you to email me your thoughts as move forward.

Mahalo for your support and your membership. I am humbled by this opportunity and look forward to where the future will take us.

A hui hou!

Robin G. Arndt, MSW, LSW  
 President-Elect | NASW-Hawaii Chapter  
[robin.g.arndt@gmail.com](mailto:robin.g.arndt@gmail.com)



*Board  
 President-elect  
 Robin Arndt,  
 MSW, LSW*

How many Social Workers does it take to change a lightbulb?

One. But the lightbulb has to WANT to change.



your  cards  
someecards.com

*Save the Date*

2016 NASW HAWAII  
SOCIAL WORK AWARDS DINNER

FRIDAY MARCH 11, 2016

5-9PM

HALE KOA HOTEL

HONOLULU, HI



# The Stats on Stalking

January is Stalking Awareness Month. How much do you know about the abusive tactic that the National Center for Victims of Crime defines as “a course of conduct directed at a specific person that would cause a reasonable person to feel fear”? Take this quiz to find out.

1. How many people in the U.S. are stalked each year?
  - a. 2 million
  - b. 4.5 million
  - c. 7.5 million
  
2. Stalking is considered a crime in how many states?
  - a. 27
  - b. 43
  - c. 50
  
3. Stalkers are usually current or former intimate partners.
  - a. True
  - b. False
  
4. The best way to protect yourself from a stalker is to ignore him or her.
  - a. True
  - b. False
  
5. Monitoring someone’s cell phone usage is a form of stalking.
  - a. True
  - b. False

Answers:

1. C. Each year, 7.5 million people in the U.S. are affected by stalking. Females are stalked more often than males. About 15 percent of females will deal with stalking at some point in their lives as compared with about 6 percent of males. Most cases begin in early adulthood. In fact, half of all stalking survivors were under the age of 25 when they were first stalked.
  
2. C. Stalking is a crime in all 50 states. However, stalking is considered a felony on the first offense in less than a third of states. More than half of U.S. states consider stalking a felony after the first offense.
  
3. A. In the majority of cases, stalkers know their victims. About 61 percent of females and 44 percent of males who experience stalking are stalked by a current or former intimate partner. A quarter of females and 32 percent of males are stalked by an acquaintance.
  
4. B. Stalkers typically won’t stop by being ignored. On the contrary, stalking often escalates to physical violence. Stalkers use weapons to threaten or harm victims in about one in five cases. And it understandably affects those being stalked in profound ways. One in eight employed victims of stalking miss work because of stalking. One in seven move residences. Those dealing with stalking tend to have higher rates of anxiety, insomnia and depression as compared with the general population.
  
5. A. Stalking takes many forms. The classic definition is showing up in places the victim doesn’t want the stalker to be. But it also includes unwanted phone calls and text messages, watching or following the victim from a distance and spying on someone using a listening device, video monitoring or cell phone tracker or other GPS device.

Reprinted with permission from  
[www.domesticshelters.org](http://www.domesticshelters.org)

# Social Work Supervision Statute Update

The NASW Hawai'i Chapter has been working with the Department of Commerce and Consumer Affairs to clarify some of the language in the current Social Work Supervision statute. Currently, the language about where supervision takes place is a bit murky. There is a reference to an "agency" setting, but no definition of what constitutes an agency and it is being interpreted as supervision must take place physically within the building of employment. The current statute also requires that supervision be "face to face", which is currently being interpreted by DCCA as physically in the same room, with no option for videoconferencing.

Through a series of meetings with NASW Hawai'i President, Eddie Mersereau, LCSW, CSAC, NASW Hawai'i Executive Director Sonja Bigalke-Bannan, MSW, LSW and the Executive Officer of the Social Work Division of the DCCA, May Ferrer, we have highlighted the portions of the current statute that are causing the most difficulty for LCSW candidates to follow and DCCA to clearly interpret.

It is in this spirit that NASW Hawai'i approached Senator Roz Baker and Representative Della Au Belati to introduce companion bills to update and clarify the language of the statute.

Social Workers in the State of Hawaii who are working towards their highest level of licensure, the Licensed Clinical Social Worker (LCSW) Certification, are required to complete 3000 hours of supervised work experience, of which 100 hours are expected to be supervision by a qualified LCSW practitioner.

- NASW Hawaii represents 865 members
- There are currently 1,952 Social Workers licensed by DCCA.
- Tele-medicine has become standard practice in the Social Work/Mental Health field and should be allowed for garnering supervision.
- Social Workers on the neighbor islands, rural Oahu and some Department of Veteran's Affairs Social Workers are currently challenged to meet the statute requirements for direct "Face to Face" Supervision.
- Rural Social Workers qualified to provide supervision for the LCSW Certification are limited in number.
- Universities across the Nation offer both bachelor and masters level Social Work Degrees via technology, which does not require direct in-person "face to face" instruction.

Social Work Statute, sections to amend 467E-7(3)(C)(i) - (iii)

467E-7 DELETE: At least sixty of the one hundred hours of direct face-to face supervision.

REPLACE WITH: At least sixty of the one hundred hours of supervision may be face to face or via a HIPAA compliant video conferencing service.

467E-7 (iii) DELETE: Supervision shall have occurred in an agency setting

REPLACE WITH: Supervision shall have included review of clinical diagnosis and psychotherapy.

Please follow SB2669 and the House Bill that is pending introduction throughout the Legislature this session and write testimony in support of these bills.



## Book Review: The Happiness Project

*The Happiness Project* by Gretchen Rubin documents the author's self-described "midlife malaise" and her attempt to find more happiness in her daily life. The two questions she sets out to answer are: "Do I believe it was possible to make myself happier?" and "What is happiness?". Her path to self-discovery is outlined with reflection and action on a different part of her life each month, Vitality, Marriage, Work, Parenthood, Leisure, Friendship, Money, Eternity, Books, Mindfulness, Attitude and Happiness. What sets this book apart from other personal discovery stories, such as *Eat, Pray, Love*, is that the author doesn't set out to dramatically alter her life by moving or changing careers, but rather focuses on the discovery of happiness in her current living situation. "And more importantly, I didn't want to reject my life. I wanted to change my life without changing my life, by finding more happiness in my own kitchen." She finds that throughout the journey, several people in her life feel that her quest for more joy is a selfish and rather foolish endeavor and finds inspiration in the words of Aristotle, "Happiness is the meaning and purpose of life, the whole aim and end of human existence."



A mix of memoir and self-help, I found the book a good reminder of things I already knew, but didn't always put into practice. While not a work of high-brow literature, it is a pleasant read. The author offers a free happiness tool kit for anyone else wanting to start their own year-long reflection.

[www.happinessprojecttoolbox.com](http://www.happinessprojecttoolbox.com)

### HAPT 18th Annual Conference



**Sending out an SOS:**  
**Treating Attachment and  
 Trauma in Children and Families**

[www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net)

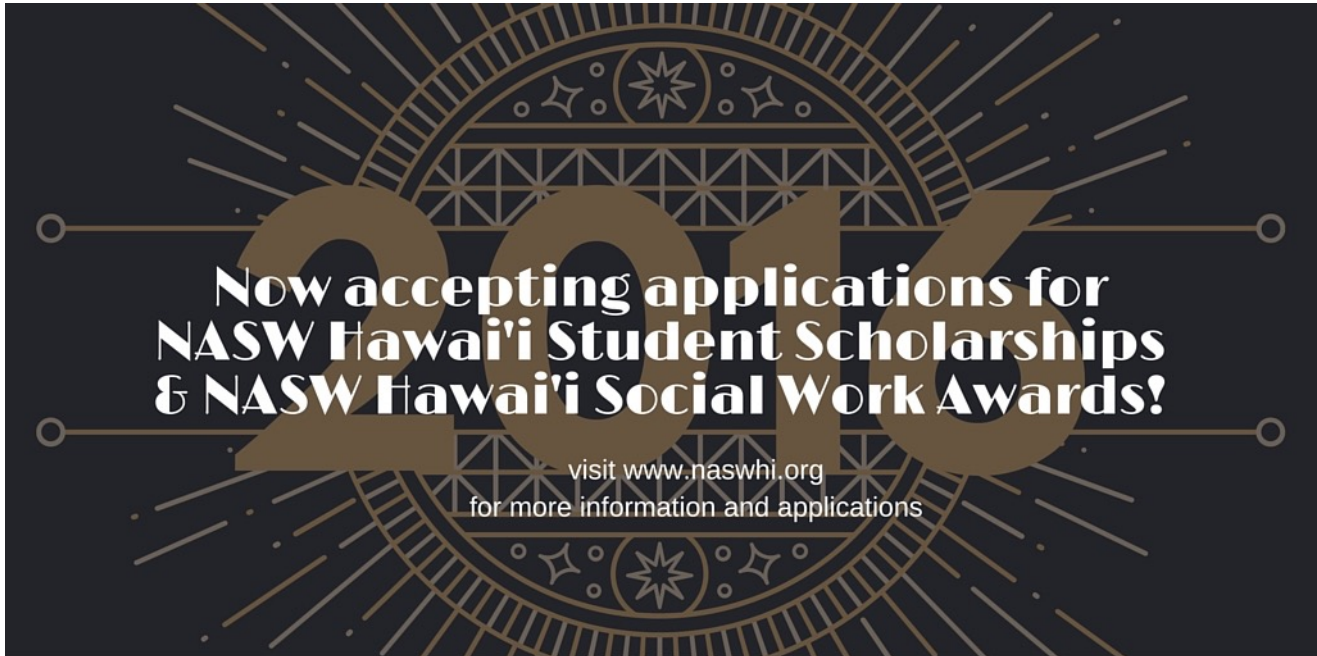
**Guest Speaker: Clair Mellenthin, LCSW**

**Thursday, Feb. 25 & Friday, Feb. 26, 2016**

**Dole Cannery, Pomaikai Ballroom**

**\* ASWB Approved - 12 CEU's Available \***





**Student Scholarship eligibility:**

-Currently enrolled student (BSW, MSW PhD) in good standing (no holds or probationary status; no outstanding ethical, criminal or other complaints) in 1 of the 3 accredited social work programs in Hawai'i.

-Current member of NASW.

-Significant community service not for pay, internship, practicum or other "required" work.

-Completed application form and all materials submitted by due date.

-Not a current intern, volunteer, member of or related to the staff or board of NASW Hawai'i Chapter

3- \$500 BSW Scholarships available

2- \$1500 MSW/PhD scholarships available

Application deadline: 2/12/2016

Recipients selected 2/26/16

Scholarships presented at Awards Dinner 3/11/16

**NASW Hawai'i Social Work Awards:**

1) Practitioner of the Year

2) Social Justice/Advocacy

3) Lifetime Achievement

4) Friend of Social Work- The "Friend of Social Work" award is to recognize a person (not a social worker) who has supported the profession or social work issues.

5) Legislator- to recognize a legislator who has been consistently supportive of social work issues

Application deadline: 2/8/16

Recipients selected: 2/15/16

Awards presented at Awards Dinner 3/11/16

# Committee Members Wanted!

**Interested in becoming more involved with your NASW chapter?**

**We would love to have you!**

**Members wanted to serve on:**

**Legislative Committee**

**PACE (political action) Committee**

**Continuing Education Committee**

**Please email us with interest at [info@naswhi.org](mailto:info@naswhi.org)**

**Advertise in the NASW newsletter!** Reach over 900 social workers in Hawai'i!

Advertising Rates Line classified: \$4.00 per line, approximately 35 characters, with a 5 line minimum.

Display advertisements with borders: business card size = \$30; 1/4 page = \$50; 1/2 page = \$75; full page = \$115.

Deadline for Receipt of articles: Usually the last Friday of the month for the following month. Call the Chapter office to verify the next printing of the newsletter and website posting (rates are per month).

Advertisements may include employment, office space, seminars, or miscellaneous ads and will also be posted on our website for that month. Our website receives over 30,000 hits and over 3,000 individual visits each month.

Subscription Rate for non-members: \$20/year; Mailing labels one time rental= 25 cents per label.

Send information to: NASW Hawai'i Chapter, 677 Ala Moana Blvd. #702, Honolulu, HI 96813, Phone: 521-1787, Fax: 628-6990

NASW reserves the right to accept, reject or edit advertisements, articles and notices of events based on publication schedule, space limitations, and appropriateness. Publication of advertising copy does not constitute endorsement or approval of the contents therein of a book, other publications, points of view,

## New CEU Training Partnerships to Offer More Opportunities on All Islands

NASW Hawai'i has been working to develop more training opportunities for Social Workers across all of Hawai'i. We know that many of our workshops and events that have been offered are in Honolulu, which isn't convenient for an island state. We have developed partnerships with a few different organizations to bring quality training opportunities across the state.

Our first partnership is with Hawaii Youth Services Network, a non-profit that offers trainings across the Pacific. Their mission statement is "Promoting the well being of youth and strengthening of families and communities by providing leadership, encouraging collaboration, and creating partnerships statewide." Trainings co-hosted by HYSN and NASW will offer a 50% discount off of the registration cost. The first training offered through this partnership will be Trauma Informed Care, scheduled for 4/8/16, at Courtyard Maui Kahului Airport. Dates for Kauai, Hawai'i Island and O'ahu will be coming soon. To register, or for more information, please contact Jennifer Fonseca [jennifer@hysn.org](mailto:jennifer@hysn.org)

The second partnership that NASW Hawai'i has developed is working in tandem with the Hawai'i Psychological Association to co-host the Rural Behavioral Health Practice Conference at numerous locations across the state, a live event that will be webcast around the country. Based out of Morris, Minnesota, world class speaker will present throughout the day, with the keynote speaker from the morning presenting again in the afternoon for West Coast and Hawai'i participants. The conference will be on 10/21/16. For more information, please visit <http://www.mnpsych.org/3786-2>

## February Webinar: Ethics of Advocacy Through Legislation

Mark your calendar for our next NASW Hawai'i Webinar. Monday, February 22, 2016 from noon-1pm. (1 CEU provided) Our guest speaker will be Alex Santiago, MSW, LSW. Alex Santiago served in the Hawaii State Legislature from 1990 till 2000. He chaired the Committee on Health and the Committee on Ocean and Marine Resources.



Upon his retirement from public office, he served for two years as the Chair of the Democratic Party of Hawai'i. Alex is a Licensed Social Worker and has practiced in the field for more than 30 years. He started his social work career as the Youth Coordinator with the Waianae Rap Center and worked for four years as a CPS social worker. Prior to embarking on his political career, Alex worked as the Director of Social Work at Kahuku Hospital. He also lectured on Social Policy and Macro Social Work at the graduate level at the University of Hawai'i, School of Social Work. Alex is currently a consultant for the Hawai'i Psychological Association and the American Association for Marriage and Family Therapy-Hawai'i Division and the Hawai'i Dental Hygienists' Association.

In the past he has served as a consultant to The Hawai'i Nurses Association, Easter Seals of Hawai'i, The Mental Health Association of Hawai'i, Partners in Development, and others.

To register: <https://attendee.gotowebinar.com/register/4070772849256695297>

# CAREERS.socialworkers.org

## The Social Work Career Center

Find A Job



Explore The  
Social Work Profession



Professional Development  
And Training



Employers



**NASWJOBLINK**  
THE SOCIAL WORK CAREER CENTER

Go from student to employed professional, frontline worker to manager. Find a higher-paying position closer to home. Apply your skills and experience at a new location across the nation. Whatever your next professional step may be, the Social Work Career Center has the tools you need to excel.

**Start, grow, and manage your career at  
CAREERS.socialworkers.org**