

KA HŪLILI

NASW Hawaii Chapter Newsletter

2014 NASW Hawai'i Annual Conference a Success

The 2014 NASW Hawai'i Annual conference was held on Monday, October 6 at the Manoa Grand Ballrooms, at the Japanese Cultural Center in Honolulu. This year's theme was "The Affordable Care Act (ACA): Social Services and Social Workers". Talks all centered around the central theme of the conference and included insights as to the Statewide implementation of the ACA and a payer's perspective presented by HMSA. Talks were also presented on the future of healthcare, the ICD9 versus the DSM5, Integration of Behavioral Health into Primary Care Settings, The Medical Home model of care, Long-term in-home support, and Innovative Approaches to Chronic Disease.

Conference attendees came from several neighbor islands and across O'ahu.

NASW Hawai'i would like to thank the conference committee that worked so hard to make this event a success as well as thank all of our presenters:

LS K'opua, PhD, DCSW, LSW, UH Mānoa MBT School of Social Work

Chris Slavens, MSW Candidate, UH Mānoa MBT School of Social Work

Beth Giesting, Healthcare Transformation Coordinator, The Hawai'i Healthcare Project

Hilton Raethel, MPH, MHA, Chief Health Office, HMSA

Karen L. Schultz, RN, VP of Patient Care, Cardiac Medicine, Behavioral Health at the Queens Medical Center

Alan Johnson, Chief Executive Officer, Hina Mauka

Shirley Tamoria, MD, Chief Medical Officer, Kaliki Palama Health Center

Chad Koyanagi, MD, State of Hawai'i Dept. of Human Services, Institute for Human Services, Helping Hands Hawai'i

Jared Yurow, Psy. D., Alcohol and Drug Abuse Division

Wesley Lum, PhD., Health Education coordinator, UH Mānoa

Kristen Scholly, PhD, Health Educator, UH Mānoa

Robin Arndt, LSW, Project Coordinator, UH Mānoa

Mahalo nui loa

New Free Legal Consultation Service for NASW members

The National NASW Office of General Counsel has created a complimentary legal consultation hotline for NASW members. The Legal Consultation service can be contacted Monday-Friday from 11:00am to 4:30pm Eastern Standard Time.

NASW members may call the hotline directly at **(202) 408-8600 x 592**.

Hotline staff request that if you call after hours, please leave a message with your name and preferred form of contact, either by phone or email and

a member of the Legal counsel will follow up with you. Staff would be glad to email a response, instead of call, to accommodate the time difference between Washington D.C. and Hawai'i.

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NASW Hawai'i is now on Twitter!
Follow our tweets @NASWHawaii

Special points of interest:

- October is the awareness month for Breast Cancer, Diabetes, Lupus and Domestic Violence
- November 4th General Election,
- November 11th Veterans' Day,
- November 27th Thanksgiving



NASW Hawai'i Chapter
2014-2015 Board of Directors

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- **Eddie Mersereau, LCSW, CSAC**

Vice-President

- **Jennifer Kwok, LSW**

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- **Theresa Kreif, LSW**
- **Robin Arndt, MSW LSW**
- **Kimberley Gallant, LCSW**
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Mau'i Branch Representative

- **Jessica Brazil, LCSW**

West Hawai'i Branch Representative

- **Nick Szubiak, LCSW**

MSW Student Representative

- **Chris Slavens**

BSW Student Representative

- **Aaron Farias**

Nominations & Leadership

Identification Committee

- **Jessica Brazil, LCSW**
- **Theresa Kreif, MSW, LSW**
- **Karissa Kinney, BA**

- **Victor Voth, LCSW, DCSW**

Executive Director

- **Sonja Bigalke-Bannan, LSW**

Letter from the President

Aloha Membership-

The last 2 months have been busy to say the least!

Your new Executive Director, Sonja Bigalke-Bannan started early last month and she has hit the ground running. She is full of energy and enthusiasm and has already begun to make an impact for our chapter. I don't think we could have found anyone better to continue the legacy of Debbie Shimizu and Marty Oliphant, while still making her own mark.

A big Aloha to Sharon Simms who kept things going for us as the interim Executive Director. She has been so diligent this last month in making sure Sonja has as much support as possible as she transitions into the position. Sharon's hard work and contribution to our chapter cannot be understated.

Your Conference Committee, led by the unstoppable Robin Arndt, has put together an amazing and exciting conference for us with a great array of speakers on the important topic of the Affordable Care Act. The conference is only the beginning of Robin's vision. He plans to implement a series of ongoing trainings and continuing education opportunities that allow us to engage and learn from each other both in person and virtually. In our conversations about his vision Robin often makes the statement that we have a wealth of social work talent, knowledge, expertise and experience right here in Hawaii that can contribute. I thoroughly agree.

Your Political Action for Candidate Election (PACE) Committee Chaired by Joel Fischer has put in hours of work reviewing legislative

candidates for November's election. They have sent out questionnaires and met for many hours to discuss and review each candidate's stance on social issues such as homelessness and same-sex marriage. Their role is to identify, recognize and endorse candidates who "support and maintain the social services safety net for Hawaii's individuals, families and communities" on behalf of Hawaii social workers.

Your Social Work Book Project Committee headed by Sharon Otagaki and Christine Langworthy have been working hard to move the project forward and bring the book to a coffee table near you. The book is to be authored and published by Tom Coffman and will highlight many of the pioneers of social work in Hawaii such as Myron B. Thompson, Patty Lyons, Masaru Oshiro, Andy Chang and Richard and Lynnette Paglinawan and their contributions to social work in Hawaii.

Your Chapter Board has been busy with budgets, by-law reviews, strategic planning and chapter development all aimed better serving our membership. They have given their time, energy and even money to achieve that end. We have big plans for the chapter – like the "social work cruise" in the works – the brainchild of our indomitable East Hawaii members who at every board meeting prove that social workers can do anything they set their minds to!

Since I have joined the board, I have encouraged many of my peers to become members. More often than I like I am asked "what do I get out of being a member?" At first that question gave me pause – but then I looked around at our board, at our committee members and at all of you who have



NASW Hawai'i Board President
Eddie Mersereau, LCSW, CSAC

maintained your membership and been involved – and I realized by your example that they were asking the wrong question.

To paraphrase the immortal words of Kennedy - the question should not be 'what can the NASW Hawaii Chapter do for me?' but 'what can I do for my Chapter?'

I want to thank *you*, the membership, for role modeling the very essence of social work; service without expectation of return, commitment without conditions and partnership for a greater good.

Mahalo,

Eddie

Chapter Office

**677 Ala Moana Blvd.
#702**

Honolulu, HI 96813

Ph: 808-521-1787

**Fax: 808-628-6990 or
534-1199**

email: info@naswhi.org

**Website:
www.naswhi.org**



Social Worker's Needed for Selective Service Advisory Group

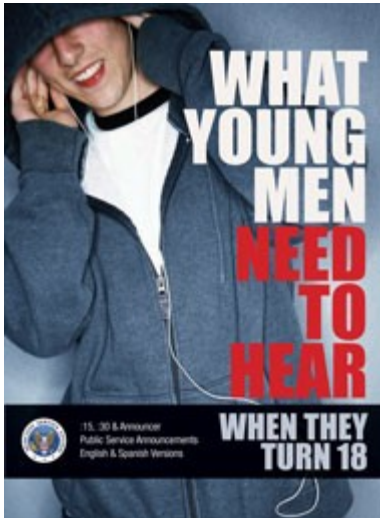


Photo courtesy of the Selective Service System

The NASW and the Selective Service system have partnered to create an advisory committee to advise young men on the importance of signing up for selective service. The Selective Service System is a Federal agency that is not associated with military recruitment. The goal of this partnership is to reach out to young men to educate them in the risks and penalties in not registering. If a man reaches age 26 without registering, some of these penalties include being permanently barred from:

- Receiving federal student loans for college, as well as other college opportunities on the state level;
- Participating in federally funded job training programs, along with many similar state- and locally-run efforts;
- Working for the Federal government, as well as for many state and local agencies like such as the police, fire or EMT;
- Receiving or renewing a driver's license in

most states;and/or Face serious delays in citizenship (this applies to male immigrants who ultimately wish to become citizens).

For more information or to join the advisory group, please contact

Contact Greg Wright (gwright@naswdc.org) or Roxana Torrico Meruvia (rtorrico@naswdc.org)



Risking Connection®:

One Day Trainings Nov 13, 14 2014
8:30 AM to 5:30 PM (PST)

Ko'olau Ballrooms & Conference Center
45-550 Kionaole Rd
Kaneohe, HI 96744

Trauma-informed care at its **best!** Whether you work in child welfare services, addiction, mental health, youth development, foster care or recovery from PTSD, you'll want to be here with us one of these two days. Using **RICH® relationships**, and **managing Vicarious Trauma** as well as recognizing the impact of trauma and its many forms are key elements in this case-based interactive Risking Connection® training.

Presented by **Elizabeth Power**, M.Ed. of EPower & Associates, who has helped over four thousand individuals and forty agencies learn and adopt Risking Connection® in various formats. Contact Elizabeth at 615.714.6389 to learn more!

Materials (including 60+ page reference), breakfast, lunch, and parking included--**\$112 + handling!** CEUs available.

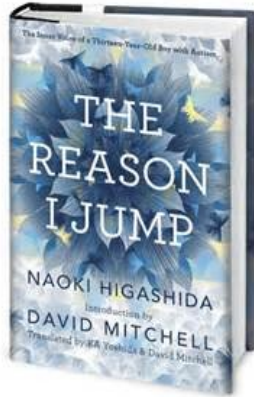
Register now on [Eventbrite](#) [Risking Connection](#) [Discover](#) or contact epower@elizabethpower.com

URL: <http://www.eventbrite.com/e/risking-connection-one-day-trainings-nov-1314-tickets-12597207587?aff=es2&rank=0>

Local contact: Lisa Cook, ACSW, LSW; CEO, Ku Aloha Ola Mau, (808) 538-0704.
A portion of the registration goes to support Ku Aloha Ola Mau & Hale Kipa.



Book Review: *The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy With Autism*



Reviewed by :

Sonja Bigalke-Bannan, LSW

"The Reason I Jump" is an unusual memoir, in the style in which it is written and also by the age of the author. Written by Japanese teenager, Naoki Higashida in 2007 when he was 13, this little book is made up of short chapters that are the answers to questions Naoki has been asked for much of his life, or thinks the general public would like to know about life with autism. The author wrote the book by painstakingly spelling out the words on a Japanese alphabet letter board.

The author's voice is mature for his age and full of

deep reflection. His answer to the title question of the book, why he jumps, the author explains that "the motion makes me want to change into a bird and fly off to some faraway place. But constrained by ourselves and by the people around us, all we can do is tweet-tweet, flap our wings and hop around in a cage."

The book was translated in to English in 2013 by David Mitchell and KA Yoshida, who are authors and parents of an autistic child. The translation has included colloquial English, which some critics contend detracts from the authentic-

ity of the original writer's voice.

The author gives the reason for why he wrote the book as, "We are misunderstood, and we'd give anything if only we could be understood properly...I hope that, by reading this book, you might become a better friend of someone with autism."

I enjoyed the insights into the life of a teenager with autism and recommend this as a quick, but poignant read for anyone who would like to find out more about ASD.



SOCIAL WORKER 2 PART TIME JOBS AVAILABLE NOW!

Social Worker – Sex Abuse Treatment Center

The Sex Abuse Treatment Center (SATC) of the Kapi'olani Medical Center for Women & Children is recognized for its leadership and expertise in providing medical, psychological and legal support services, preventing sexual violence, and effecting change through public policy, awareness and education. We are seeking social work professionals with strong clinical skills and the capacity to work with individuals dealing with all levels of trauma.

Minimum Qualifications: Current Hawaii Clinical Social Work License (LCSW). Four years of social work experience. Valid driver's license and current Hawaii auto insurance.

For more information, please visit our website at:
www.hawaiiapacifichealth.org/careers

and apply online or attach your resume to Job ID# 2756.

EOE/AA/Disabled/Vets



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Member Profile: Nathan Chang, MSW, ACSW

Q. *How long have you been a professional social worker?*

A. I've been a professional social worker in Hawai'i for almost 40 years. I spent the first 15 years of my career at Catholic Charities, and then acquired a faculty position at UHM 25 years ago.

Q. *What is your particular area of specialization?*

A. I have none. I am a textbook example of the generalist social worker. My concentration in graduate school was in medical social work...and I worked in hospitals, medical clinics, and with children with developmental disabilities (as well as their families). Then I decided to challenge myself by working in Child Protective Services, and did that for about three years. From there, I went to doing in-office, fee for service counseling with individuals, couples, and families. The remainder of my time at Catholic Charities was spent at their Kalihi Family Service Unit, doing community development at Kalihi Valley Homes, refugee resettlement, and running a bilingual/bicultural counseling program under contract with the DOH-AMHD. When I came to the University of Hawai'i, I opened a small private practice, doing mostly couples/relationship therapy.

Q. *What has been the most memorable aspect of your career in social work?*

A. I have had many memorable moments in my career, but one of the highlights has to be my years in Kalihi. We had a great group working there and were able to do some very innovative things that, in my opinion, resulted in significant contributions to the people that we were serving. The staff would brainstorm on things that we wanted to do to improve our programs, we wrote grant proposals to get the necessary funding, and then do it. Among other things, we ran a prime time, talk show format radio program in the Samoan language to address social issues confronting the population. We collaborated with another social service agency to do a conference that successfully organized fragmented services. And we even established a new, private, non-profit agency. But I think the thing that made it most memorable was not the innovation, but the fact that the entire staff was so committed to doing good work that we were able to do all of this without ever getting more bodies (none of the funding was staffing grants). It was a great team...a "dream team" of sorts. Everyone pulled their "weight" and no one ever complained about the additional work.

Q. *How long have you been a NASW member?*

A. I joined NASW right after graduating with my MSW in 1975 and have been a member ever since. Along the way, I have had the opportunity to serve the profession as the chairperson of the Clinical Social Work Committee, the chairperson of the Committee on Ethics, representative to the 1996 NASW Delegate Assembly, and a member of the Board of Directors.

I have always believed that, as professionals, it is important that we support the only nationally recognized professional organization for social workers – the organization charged with the important responsibility of regulating practice for social workers in the United States. If professionals have an obligation to regulate themselves, to respond collectively to the issues of the day, and to advocate for those that they serve, then it behooves all of us to contribute toward maintaining a viable and healthy professional organization.



Name:

**Nathan Chang,
MSW, ACSW**

**Agency name and
location:**

**University of Hawai'i
at Mānoa, Myron B.
Thompson School of
Social Work**

Title:

Educational Specialist

**Length of time at
present job:**

25 years

**School of social work:
UHM - 1975**

**Contact e-mail:
nchang@hawaii.edu**

**Contact phone number:
956-6205**

Office to share at the Interstate Building, 1314 S. King Street. Clean, comfortable, convenient location. Playroom available. \$150 and up per month. For details call Margie at 386-5113 or email mytheory113@yahoo.com. Email Gail at gkawayaf@gmail.com.



The Institute For Family Enrichment, LLC

Position Available: CLINICAL SUPERVISOR

Compensation: Will be discussed at the time of the interview

Clinical Supervisor is primarily responsible for supervising Masters level staff according to clinical standards of best practice. This includes consultation, conducting clinical case and chart reviews, reviewing all treatment plans, receiving program referrals, conducting initial intake and assessment of client needs, making case assignments, and organizing and coordinating the in-service training of staff to maintain quality of client care with the goal of achieving positive case outcomes.

EDUCATION & TRAINING REQUIREMENTS:

For Clinical Supervisor I:

Master's Degree from a school accredited by a recognized accrediting agency. License required. 0 to 4 years post-license experience.

For Clinical Supervisor II:

Master's Degree from a school accredited by a recognized accrediting agency. License required. 5 to 13 years post-license experience.

For Clinical Supervisor III:

Master's Degree from a school accredited by a recognized accrediting agency. License required. 14+ years post-license experience.

Licensing Requirements:

Clinical or Educational Psychologist with a current Hawaii license/certification in Psychology OR

- Hawaii licensed Clinical Social Worker (LCSW) OR
- Hawaii licensed Marriage and Family Therapist (LMFT) OR
- Advanced Practice Registered Nurse (APRN) certified as a Psychiatric Nurse Specialist with current Hawaii license.

Supervisory Experience:

- At least one year supervisory experience strongly preferred.

SPECIAL KNOWLEDGE, SKILLS & ABILITIES:

Good verbal and written skill in therapeutic assessment and treatment, interviewing and letter writing. Able to assess family dynamics, strengths and weaknesses in working with clients. Ability to work with families to improve their parenting skills. The Clinical Supervisor also ensures that service delivery is performed according to organization's mission statement, policy and procedures and service philosophy. The Clinical Supervisor has the competency to assess the needs of the client, resources available to meet those needs and the legal and/or policy requirements governing service delivery. The Clinical Supervisor provides in-service training and professional leadership to staff.

OTHER REQUIREMENTS:

This job requires a valid Hawaii driver's license, a clear driver's abstract, and use of personal vehicle to transport clients, as needed, as well as a willingness to travel in personal vehicle on an as-needed basis throughout the island.

The nature of this position requires the incumbent to be on-call 24 hours a day, 7 days a week.

Please apply via email at tiffejobs@cfs-hawaii.org

The Pride of Pālolo: 'Ohana Learning Center at Pālolo Homes



In 2008, residents of Pālolo Homes, a 306-unit affordable housing development in Honolulu, Hawai'i, partnered with faculty from Kapi'olani Community College (KCC), University of Hawai'i-Mānoa (UH Mānoa), and Chaminade University to create a state-of-the-art learning center. Thanks in part to a 2007 Alaska Native/Native Hawaiian Institutions Assisting Communities grant from HUD's Office of University Partnerships (OUP), a dilapidated

administrative building was transformed into the 'Ohana Learning Center, which offers residents access to tutoring, digital technology, and classes in healthy cooking, as well as a public health nursing station. These initiatives have not only dramatically improved Pālolo tenants' educational achievement but have also furthered interethnic dialogue among the tenants, who include Native Hawaiians as well as recent immigrants from Micronesia, the Marshall Islands, and other Pacific Islands.

Creating Opportunities for Children and Adults

Dahlia Asuega, then the head of the tenants association at Pālolo Homes, joined with other residents and Hawai'i Governor Benjamin Cayetano to support the acquisition of Pālolo Homes from Hawai'i's public housing authority by Mutual Housing Association of Hawai'i, a manager and developer of affordable rental housing. Mutual Housing privatized Pālolo Homes in 2002 and completed a gut renovation of the development the fol-

lowing year. The change in ownership was so successful that in 2011, HUD Secretary Shaun Donovan declared Pālolo Homes a national model for the privatization of public housing. Asuega, who now works as

an educational program staffed by more than 300 service-learning students from KCC, UH Mānoa, and Chaminade University who mentor and tutor young people at Pālolo Homes as part of their coursework.

"We were concerned that many of the kids of Pālolo were not reaching institutions of higher education [or] even graduating from high school," says Ulla Hasager, an anthropologist at UH Mānoa who co-founded the pipeline program with Judith Kirkpatrick (then a professor at KCC) in 2002. The



Program participants outside the Discovery Science Center, which provides tutoring in math, science, technology and engineering.

Photo credit: Mutual Housing association of Hawai'i

the resident services manager for Mutual Housing, says the privatization effort was successful because the residents, Mutual Housing, and other community partners collaborated to make it happen. Residents are often overlooked during these transitions, Asuega says, but they play a particularly important role; they are "not the problem but the solution to improving the environment."

Soon after Mutual Housing assumed ownership of Pālolo Homes, Asuega and faculty from KCC and UH Mānoa created a technology center in the development in response to residents' requests. Working without a budget, Asuega and the faculty gathered about two dozen computers and furniture deaccessioned by KCC and other colleges. They installed the computers in a building at Pālolo they called "the Hale," or "house" in Hawaiian, suggesting that it was more than just a destination for computer access.

The Hale also became the centerpiece of the Pālolo Pipeline Program,

service-learning students provide help with homework, classes in literacy and mathematics, and workshops in dance and other enrichment activities; about 45 to 70 youth ranging from preschoolers to high school students attend on any given day. Kirkpatrick stresses that in addition to these activities, the Hale provided students with a safe, quiet place where they could focus on their schoolwork.

Within a few years of its opening, the Hale expanded to offer more educational opportunities for adults, too. In 2007, the schools secured an \$800,000 grant from OUP to renovate a 5,850-square-foot administration building in the development to create the 'Ohana Learning Center. Additional funds came from State Farm and NeighborWorks America for a total of \$1.7 million; Oceanic Time Warner provided free wireless connectivity. Pālolo residents, faculty, and Mutual Housing worked together to complete the renovations, which included installing an elevator to make the second floor accessible, outfitting the center with new computers and a digital



National Association of Social Workers

HAWAII CHAPTER

Federal employees can support **NASW Foundation, CFC #12538**, in the Combined Federal Campaign (CFC). This pre-tax deduction is a great way to support charitable and educational social work projects. Look for NASW Foundation under the "Women, Children & Family Service Charities" section. Learn more at NASWFoundation.org.



**Support Social Work in the CFC,
NASW Foundation #12538!**

The Pride of Pālolo: continued from pg. 6

and audio editing suite, creating a training kitchen, and establishing a public health nursing station where residents can have blood pressure and vision checks, tuberculosis tests, and vaccinations. The 'Ohana Learning Center has also attracted support from other civic and community activist groups, including AmeriCorps.

The Pālolo Pipeline Program has recently intensified its focus on science, technology, engineering, and mathematics, in part with grants from the National Science Foundation's Experimental Program to Stimulate Competitive Research. These funds have supported courses in food, sustainability, and climate change; a 3D printer and other equipment; and enrichment programs on Saturdays and during the summer. A Native Hawaiian engineering graduate student was funded to run the center for three years and to facilitate dialogue among the center's many ethnic groups. An upcoming program will train college students and Pālolo Homes residents to prepare canoes for sailing and ocean navigation. Hasager explains that the program is meant to improve ethnic relations,

particularly among Micronesians and Native Hawaiians, by providing tasks on which they can work together.

Service Learning

Over the past decade, the service learning components of the Pipeline program have paid off dramatically for Pālolo Elementary School students, 90 percent of whom live at Pālolo Homes. Average test scores among third graders rose from 18 to 81 in 2011, and fifth graders posted average gains of 71 points, to 77. The 2011 scores surpassed state averages, removing the school's classification as a failing school according to the standards of the No Child Left Behind Act. Pālolo Elementary School principal Reid Kuba also praises the program for increasing students' self-esteem and exposing them to positive role models. "Ten years ago, students would be walking with their heads down and wouldn't address you even when spoken to. But with the Pālolo Pipeline Program, children say good morning to me, their heads are up, and they're smiling."

Pālolo Homes tenants have also made major gains in

higher education, with 52 residents going to college, some with full scholarships. "That's a big increase from zero," says Hasager. Asuega adds, "The short-term grants and programs surface and they're gone. The long-lasting partnerships between the colleges and [the] community — that's what impacts people's lives." The service-learning students benefit from the program as well. According to Robert Franco, director of the Office for Institutional Effectiveness at KCC, studies show that the college's service learners post higher course success rates, have higher retention rates, and complete their degrees and transfer to four-year institutions faster than do peers who do not participate in service-learning programs. In these ways, the program also helps the college meet its institutional objectives. Beyond the practical benefits of service learning, however, Franco's hope "is that this is learning that lasts — that [these students] take their commitment to these issues to their lives as citizens."

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