

KA HŪLILI

NASW Hawaii Chapter Newsletter

"Have faith in your strength, your teachings, your values, and bring that faith to bear against those who try to hold you and your clients back."

-Dr. Jared Bernstein,
2017 Commencement
Address Columbia School
of Social Work



**CONGRATS
SOCIAL WORK
CLASS OF 2018!!!**



**HOW TO HELP THOSE
EFFECTED BY LAVA
THREAT AND FLOODING**



**FAREWELL FROM
NASW INTERNS**

MAY IS MENTAL HEALTH AWARENESS MONTH



NASW HAWAII CHAPTER
National Association of Social Workers



There Is A Virus Spreading Across The Country. It's Stigma. Do You Have It?

May 01 2018

During the month of May, NAMI will observe Mental Health Month to raise awareness of mental illness. One in five adults in the United States lives with a mental health condition.

This year, NAMI is launching "CureStigma" a new campaign that builds on the successful #StigmaFree initiative and positions stigma as a "social virus" that is spreading across America. Stigma is a sign or sense of

disgrace that sets someone apart from others. Navigating life with a mental health condition can be tough, and the isolation and blame that is often encouraged by stigma can create huge challenges to moving forward in one's recovery journey.

"Stigma is dangerous for the millions of Americans affected by mental health conditions. It causes people to feel ashamed for something that is out of their control, prevents them from seeking help, and even takes lives," said Mary Giliberti, CEO of NAMI. "Although stigma is a virus that anyone can be exposed to, we do have a cure, and that is compassion and understanding. We need to talk openly and raise our voices, so we can put an end to the fear and shame, and cure stigma once and for all." >

The campaign incorporates a new series of nationwide public service announcements (PSA) featuring NAMI Celebrity Ambassadors from film, television, music, and sports including Utkarsh Ambudkar, Andrea Barber, Maurice Bernard, Corinne Foxx, Clark Gregg, Jamie Gray Hyder, AJ Mendez, Sonya Nichols, Mauro Ranallo and Stolar. The PSA encourages viewers to visit curestigma.org, where visitors can take a brief quiz to see if they “are infected” by stigmatizing beliefs. Visitors will also receive information about how to “spread the cure” and will gain free access to a special emoji/sticker pack for their mobile phones.

Key mental health statistics include:

- 1 in 5 adults in the United States lives with a mental health condition.
- 1 in 25 (10 million) adults in the United States lives with a serious mental illness.
- 60 million people in the United States face the day-to-day reality of living with a mental illness.
- Half of all lifetime mental health conditions begin by age 14 and 75 percent by age 24, but early intervention programs can help.
- Additional facts and citations are available at Mental Health by the Numbers.

“The perception of mental illness won’t change unless we act to change it. So during Mental Health Month, we are asking everyone to join with NAMI to #CureStigma,” said Giliberti.

For additional information about Mental Health Month, to take the CureStigma quiz and to access CureStigma resources, please visit curestigma.org.



Coming Soon

Our suicide prevention app is almost here and will be released at our Annual Mahalo Awards! The app will feature tips to help people facing a crisis, a screening tool, how to create a safety plan, and a digital, searchable version of our Finding Help Directory.

The 13th Annual Mental Health Mahalo Awards Luncheon

Wednesday, May 23, 2018, 11:30 am - 1:00 pm

at The Ala Moana Hotel Hibiscus Ballroom

410 Atkinson Drive, Honolulu, HI 96814



This event will celebrate our community leaders, advocates, and organizations that have dedicated themselves to promoting mental wellness and improving the care of people with mental health issues through positive and innovative programs and leadership.

Supporter: \$68 per person (\$28 tax-deductible)

Advocate: \$136 per person (\$96 tax-deductible, pays for your seat and donates a seat to a consumer.)

Register by May 20, 2018



**American
Red Cross**



HELP THOSE EFFECTED BY THE KILAUEA LAVA THREAT AND THE FLOODING IN OAHU AND KAUAI



**Social Workers can volunteer for the Hawai'i Red Cross
to address the health and mental health needs of disaster
survivors and disaster workers experiencing trauma.**

DONATE

Visit American Red Cross website at

<http://www.redcross.org/local/hawaii/ways-to-donate>

to donate directly or Donate through the
following organizations:

Combined Federal Campaign

Aloha United Way

Donate Hawaiian Airline Miles

VOLUNTEER

Learn how to become a Hawaii
Red Cross Volunteer at

<http://www.redcross.org/local/hawaii/volunteer>

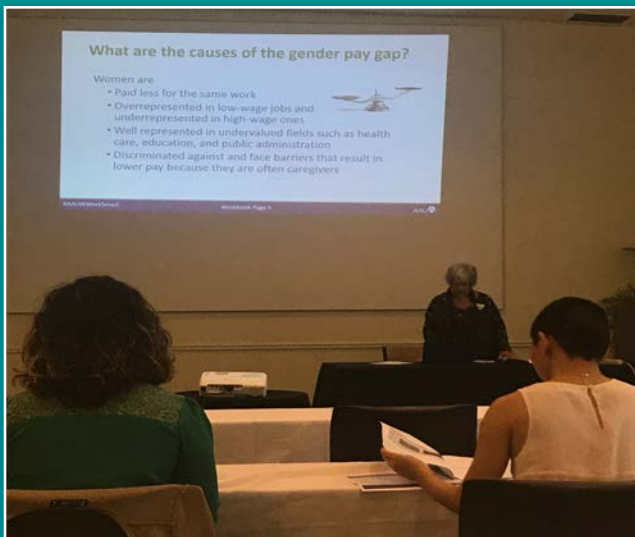
or contact

volunteerpacific@redcross.org

for questions.

The Social Work Professional Development Workshop

Mahalo to everyone who made our Social Work Professional Workshop a great success! Participants were able to receive one-on-one resume reviews, professional head-shots, and learned about negotiating salary, applying for federal jobs, and professionalizing their social media presence.





CONGRATULATIONS 2018 GRADUATES!

WELCOME TO THE FIELD OF SOCIAL WORK

NASW Hawai'i Chapter







NASW Hawai'i Social Work Awards Gala 2018



Congratulations to all our Award Recipients!!!



Practitioner of the Year
Christel Magallanes, MSW
Program Manager
Family Promise of Hawai'i



Friend of Social Work
Christian Gloria, Ph.D, CHES
Assistant Professor of Public Health
Hawai'i Pacific University



Advocacy Award
Af3irm Hawai'i



Legislator of the Year
Representative Kaniela Ing

**Mahalo to everyone who helped
make this gala an absolute
success!!!**



Save the date!
NASW Hawai'i 2018 Conference

**KE OLA MAU LOA I KA
 MOANANUI:
 ADVANCING WELLBEING IN
 THE PACIFIC**

October 4-5, 2018
Queen's Conference Center, Honolulu

Call for presenters going out soon!

Social workers in Hawai'i are working with island communities. The goal of NASW's 2018 conference is to illuminate the growing body of knowledge and practices within a Pacific context.

Currents or types of presentations

‘Ohana/Hale: Family strengthening practices from individual to group.

In this current, we are looking for abstracts that promote the wellbeing with individuals and/or groups in Hawai'i and the Pacific region (micro-level). We are particularly interested in practices that inform intervention and research, as well as practices that look at culture and spirituality as part of the process.

Kauhale: Community health, economics, education and other areas.

In this current, we are looking for abstracts that enhance the health and wellbeing of Pacific communities (mezzo-level). We are particularly interested in topics like community engagement; indigenous community practices; integrative models; and innovative approaches to education.

Ea: Self-determination through policy, governance, advocacy, legislation.

In this current, we are looking for abstracts that prioritize our island communities in a macro-level way. We are particularly interested in legislative/policy and research, advocacy projects, and large-scale collaborations. This includes governance issues such as sovereignty and decolonization.

Hōnua: Environmental justice, climate change, food security, and ‘āina-based learning.

In this current we are looking for abstracts that address our unique geography and environment in the Pacific. We are particularly interested in topics like sustainability, responsible stewardship, and our relationship to the natural world.

Presentation/Workshop Options

Talk Story (60 minutes)

Talk Story includes 15 minutes of presentation, followed by 45 minutes of discussion, feedback, and interaction. Presenters should bring key questions to pose to others, in order to learn from and with those attending. Talk Stories are an ideal format for networking and in-depth discussion on a particular topic. The abstract body should be a minimum of 300 characters (approx. 50 words) and cannot contain more than 2,000 characters (approx. 300 words). Blank spaces and punctuation are included. Authors' affiliation and titles are not included.

Symposium (45 minutes)

Symposium includes 30 minutes of presentation followed by 15 minutes of discussion on a specific topic and the way(s) in which it contributes to the body of knowledge in the field of social work with a focus on the Pacific. The abstract body should be a minimum of 300 characters (approx. 50 words) and cannot contain more than 2,000 characters (approx. 300 words). Blank spaces and punctuation are included. Authors' affiliation and titles are not included.

Poster Presentations

This formal graphic presentation, displayed on poster board, offers an excellent opportunity for gathering detailed feedback on your work and presenting your results. The poster abstract should detail the focus of the presentation and the way(s) in which it contributes to the body of knowledge in the field of social work in the Pacific. The abstract body should be a minimum of 300 characters (approx. 50 words) and cannot contain more than 2,000 characters (approx. 300 words). Blank spaces and punctuation are included. Authors' affiliation and titles are not included.

Ho'ā (Ignite) Style

This short presentation includes 20 PowerPoint slides that automatically advance every 15 seconds for a total presentation time of just 5 minutes. Ho'ā slides tend to incorporate excellence in slide design in support of a very clearly articulated message. Presentations are challenging, exciting, and dare we say it – they can be quite fun to create, give, and to attend.

The abstract body should be a minimum of 300 characters (approx. 50 words) and cannot contain more than 2,000 characters (approx. 300 words). Blank spaces and punctuation are included. Authors' affiliation and titles are not included.



Aloha from NASW Intern Jenalyn Camagong

I am currently working towards my MSW at the University of Hawai'i at Manoa and I've spent two semester's interning here at the NASW Hawai'i chapter. As the spring semester ended, so did my time at the NASW. I have learned so much about Macro level social work during my time here and I have seen the importance of being active with legislative efforts. I got the chance to take advantage of the opportunities that NASW provided which expanded my knowledge and allowed me to gain experiences.

I had the opportunity to draft a written testimony, I helped coordinate the social work legislative day, and had the chance to attend the NASW Gala and the Social Work Development Workshop. I also had the chance to sit in Women's Coalition meetings and find out what bills were passed or the ones that ended. I had so much fun creating graphic designs for upcoming events. One of my favorite events were the self-care workshops. I was able to visit the three universities; UH Manoa, BYU-H, and HPU, to provide support to students by promoting self-care.

These are such valuable experiences that I probably won't be able to experience again. I am so grateful to have been placed at the NASW Hawai'i Chapter for my first year. During my time here, I have met so many people and saw how they made a difference in our community and it inspired me so much as an aspiring Social Worker to become involved with legislative efforts.



Aloha from NASW Intern and MSW Graduate Holly Arroyo

The past year has been a wonderful challenge! My time at NASW Hawai'i has provided me with amazing opportunities to meet new people, connect with different organizations, and help address important social issues that affect the people of Hawai'i. Although it would be impossible for me to choose a favorite experience over the past ten months, one of the most interesting and memorable experience would have to be my first day. I was nervous and unsure of what to expect but Sonja was incredibly kind and helpful. We attended an event hosted by the CHOW Project, where I received training on administering naloxone for individuals who overdose in order to increase chances of survival. It was such a memorable and eye opening experience that has helped me better understand those suffering from addiction.



Over the past year, I have learned about myself and social work. I've accomplished a great deal, both in my practicum and academically. Working with NASW Hawai'i has allowed to network with other social workers at NASW sponsored social hours and actively engage in our legislative process by providing written and oral testimony, participating in coalition meetings, and planning the Student Legislative Day. I have also been able to support the social work profession through events such as the NASW awards gala, Professional Development Workshop, and countless CE opportunities.

I am extremely grateful for my time at NASW Hawai'i and for the wisdom and guidance from Sonja. Now that I have graduated with my MSW, I plan to focus on obtaining my LSW and working in the behavioral mental health or healthcare field. I plan to remain an active member of NASW Hawai'i Chapter through volunteering and engaging with other social workers at upcoming events such as social work social hours and the NASW Hawai'i Conference in October. I will also be running for the Member-at-large position on the NASW Hawai'i Board of Directors as well as participating on the Legislative Committee.

I look forward to what the future has in store for me in the next chapter of my social work journey and will treasure all the memories and friends I have made and the lessons I have learned over the past year. Mahalo!



CE Opportunities

HAWAII PACIFIC
UNIVERSITY
School of Social Work

CONTINUING EDUCATION
SERIES 2018



Family Conflict Resolution: It Doesn't Have to Get Ugly

Friday June 15, 2018

9:00 AM- 12:00 PM

1 Aloha Tower Drive Honolulu, HI 96813

2018 NASW National Conference



June 20-23, 2018 | Marriott Wardman Park Hotel, Washington, DC

The meeting of the profession will convene more than 2,000 social workers, like-minded professionals, and social work thought leaders for four days of unparalleled opportunities for professional development, continuing education, networking, and thought-provoking conversations tackling the most pressing issues facing the social work profession across the world.

Register at NASW national website <https://www.socialworkers.org/Events/Conferences/2018-NASW-National-Conference>

NASW Social Work Pioneers Spotlight on Hawai'i



Jeanette C. Takamura

Jeanette C. Takamura received her MSW from the University of Hawaii in 1972 and her PhD in Social Policy from the Heller School, Brandeis University, in 1985. She also received 3 certificates in Gerontology from the Harvard School of Medicine.

She has been a practicing social worker since 1972 when she first developed programs serving youth and families. Following this she went on to teach social work and medicine, designing interdisciplinary curricula, which were used in the United States and abroad. Dr. Takamura became the Director of the Executive Office on Aging for Hawaii then Chief Operating Officer of the Hawaii State Department of Health.

Following these achievements, Dr. Takamura was appointed Assistant Secretary for Aging in the US Department of Health and Human Services in the Clinton Administration. After leaving the government she held an endowed chair in gerontology and public service at California State University in Los Angeles before being appointed the first female dean of the Columbia University School of Social Work.

Dr. Takamura has contributed to and participated in numerous national and international conferences and journals. She is well known as an outstanding and innovative leader and thinker in the fields of social policy and educational development. Dr. Takamura says, "I was pleased to initiate innovations in aging policies and programs and am most fascinated with innovation as emergent phenomena in different institutions and systems." Her depth of knowledge and experience in social work in both the public and private sectors have been positive factors in her ability to encourage fiscal development, translate policies into programs, particularly in the field of gerontology which has lead to the expansion of studies and services in that domain, and in her current role, leading her School into the 21st Century.

NASW Social Work Pioneers® *Linking the past with the future*

The NASW Social Work Pioneer® Program honors members of the social work profession who have contributed to the evolution and enrichment of the profession. The Program identifies and recognizes individuals whose unique dedication, commitment and determination have improved social and human conditions.

Pioneers are role models for future generations of social workers. Their contributions are reflected in every aspect of the profession, as well as in the establishment of social work policies and human services programs. They have accomplished this through practice, teaching, writing, research, program development, administration, advocacy, legislation, and election to public office. Pioneers have over 25 years of social work experience and are part of a small distinguished group.

The Pioneer Program provides support for Pioneer projects that combine historical perspective with an interdisciplinary approach. Other projects bring a historical perspective to current issues and challenges, and insight to emerging social problems.

Visit NASWFoundation.org/pioneer to learn more about the program and how to nominate a colleague to one of social work's highest honors.

CAREERS.socialworkers.org

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Explore The
Social Work Profession



Professional Development
And Training



Employers



NASWJOBLink
THE SOCIAL WORK CAREER CENTER

Go from student to employed professional, frontline worker to manager. Find a higher-paying position closer to home. Apply your skills and experience at a new location across the nation. Whatever your next professional step may be, the Social Work Career Center has the tools you need to excel.

**Start, grow, and manage your career at
CAREERS.socialworkers.org**