“When a stone is dropped into a pond, the water continues quivering even after the stone has sunk to the bottom.”

- Arthur Golden, Memoirs of a Geisha

**38 Minutes**

by Sonja Bigalke-Bannan, MSW, LSW
Executive Director of NASW Hawai‘i

We lived through 38 seemingly endless minutes, early on in 2018. While some people never received a warning message, for many of us, we lived through the trauma of thinking that a nuclear missile was heading for the islands.  “BALLISTIC MISSILE THREAT INBOUND TO HAWAII. SEE IMMEDIATE SHELTER. THIS IS NOT A DRILL”

I spent 38 minutes clutching my newborn son, wondering if his four short week on this planet were all that he would live to see, and comforting our dogs who were reacting to our anxiety, while my husband ran back and forth bringing more water and supplies into the room we had chosen to shelter in. I tried to call my parents on the other side of the island to see where they were sheltering, but the cell towers were jammed by other people doing the same thing. I sent a text to my brother in Chicago saying that I loved him and was hoping Kim Jung Un had bad aim. We all have similar stories now.>
As we know through our training as social workers, people have different responses to trauma. For many of our clients, friends, neighbors, or colleagues, the event triggered preexisting anxiety or PTSD. Even many people without a diagnosis have felt on alert or edgy. When the scheduled monthly sirens went off on February 1st, I was talking with my two interns. I jumped, and they both visibly flinched when the sirens went on. Even before the false alarm, fear had been heightened by the additional monthly testing of the attack sirens, along with the tsunami warning siren.

Where do we go from here? We need to remember that some people will take longer than others to recover from this. We need to be patient with ourselves and or clients as we acknowledge our emotions and take time to process our emotions.

Utilize the resources that exist to help us and our clients:

• The DOE is offering counseling to children who were affected by the false alert.


• SAMSHA https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources

• VA https://www.ptsd.va.gov/

• The AMHD Crisis Line of Hawaii provides a team of trained and experienced professionals to help individuals in times of a mental health crisis. The Crisis Line of Hawaii is there to help you 24 hours a day, 7 days a week. On Oahu, call at 832-3100. On the neighbor islands, call toll-free at 1-800-753-6879.

• Suicide/Crisis Line 1-800-273-8255
SAVE THE DATE!

NASW Hawai'i 2018 Gala
A Night of Many Hats: Celebrating our varied roles as social workers

Friday, March 16, 2018
5:00PM-9:00PM
YWCA Laniakea
Opening Day: Hawai‘i Legislative Session 2018

Wednesday January 17, 2018 officially began the Hawai‘i Legislative Session of 2018. Legislators in both the Senate and the House emphasized key issues, such as homelessness and housing, as their primary focus this session. In addition to beginning the new legislative session, January 17th also marked the 125th anniversary of the overthrow of the Hawaiian Monarchy. A march began at the Royal Mausoleum and concluded with the ceremonial raising of the Hawaiian Flag over Iolani Palace took place at 10:45 AM. A rally with chanting, music and displays of Hawaiian cultural practices such as poi making took place in the capitol rotunda. Students from schools across the State participated in the commemorative events and engaged with legislators and community members throughout the day. The co-occurring events of opening session and the anniversary of the overthrow highlighted the importance of civic engagement and honoring the history, tradition and culture of the Native Hawaiian people.
The NASW Hawai‘i Chapter is looking for nominations to fill upcoming open positions on the Chapter's Board of Directors.

**Three year term positions**
- President-Elect (one-year, then 3 year term as President)
- Vice President
- Member at Large
- Kauai Branch Representative
- Oahu Branch Representative
- Committee Member for the Committee on Nominations and Leadership Identification

**One year term positions**
- MSW Representative
- BSW Representative

The Chapter desires to recruit a diverse pool of candidates that reflects the Chapter’s membership and regional representation.
Mike was born and raised just outside of Pittsburgh, PA. After graduating college, Mike got his first taste of social activism by working to create community garden programs for children and adolescents with emotional and behavioral issues. Around the same time, Mike also oversaw the staff development and training for a youth development program which focused on personal responsibility and good citizenship. Six years ago, Mike moved to the Big Island of Hawaii to work as a direct care worker at Pacific Quest, an inpatient treatment center for adolescents. He was inspired by Pacific Quest's model which guides teens through the immense challenges of the transformative years leading up to adulthood by uniting horticulture therapy with Rites of Passage. Mike is committed to adding to the East Hawaii Community in whatever he can. He is currently a board member at Bay Clinic, a federally qualified community health center, and is chair of the patient advocacy sub-committee.

My name is Liezl Lacambacal, I am a MSW student at the University of Hawaii's Myron B. Thompson School of Social Work with a focus on gerontology. Currently, I am placed at the VA's Medical Foster Home program for my internship to assist older veterans live in a home-like environment within the community. Having the opportunity to volunteer with Hospice Hawaii and provide companionship with patients first sparked my interest in working with older adults and it’s been my focus ever since. Outside of school, I also working about 4 years at Hale Kuike, a dementia care facility to assist residents with memory impairments such as Alzheimer's disease as a nurse’s aide. I also work at the Queens Medical Center in the Transitional Case Management Program as a social work associate to provide telephonic support to discharged patients to ensure they are smoothly transitioning from the hospital to their home. As I complete my education at the University of Hawaii, I am very thankful for receiving this scholarship from the NASW.

Michael McGee

Liezl Lacambacal- Recipient of the Ken Lee Memorial Scholarship

NASW Hawai’i Chapter Scholarship Recipients
Sheyanne Petrovich was born and raised in Eastern Oregon where her family owned an organic cattle ranch, where she worked her entire childhood. Sheyanne had a full ride scholarship to the top fashion design program in the nation, but did not feel right about it and turned it down. She came to Hawaii in 2013 to attend Brigham Young University Hawaii. After many life-altering experiences, she chose social work as her field of study and has since felt 100% content with her choice ever since. She is in her last semesters of her undergrad and is planning on pursuing her MSW immediately after she completes her undergrad in December. Her ideal career goals would include working in the field of child welfare specializing in adoption. Sheyanne has two adopted sisters and is very passionate about advocating for adoption. Sheyanne is married, enjoys traveling and being outside, and her greatest hobby is photography. She is a lively, happy person who enjoys life and getting to help those around her.

Joel Chong

Raised in Kailua, HI. I grew up with a big ohana that taught me a lot of incredible values that I’ve carried over to my own ohana. I’m married to my wife Kau’i, and together we have five beautiful keiki. I've spent a little over 6 years in the military as an Army Firefighter where I was blessed to meet so many individuals from many different backgrounds. I have a passion to help people, which is why I'll be graduating this May completing my Master of Social Work degree at Hawaii Pacific University. I am fortunate for this incredible journey and plan to take full advantage of this opportunity. I look at life as a chance to change paradigms and inspire the masses. It is our responsibility to help each other and encourage our future generations to be prosperous and forthcoming. We only have one shot at life, so let’s make it count.
Mahalo nui loa to everyone who participated in NASW Hawai’i Social Work Legislative Day!!!
2018 NASW National Conference

June 20-23, 2018 | Marriott Wardman Park Hotel, Washington, DC

The meeting of the profession will convene more than 2,000 social workers, like-minded professionals, and social work thought leaders for four days of unparalleled opportunities for professional development, continuing education, networking, and thought-provoking conversations tackling the most pressing issues facing the social work profession across the world.


CE Opportunities

**IVAT Summit on Preventing, Assessing, & Treating Trauma Across the Lifespan (O'ahu)** (up to 24 hours CEUs)
- Date & Time: April 16-19, 9am-5:15pm
- Location: Hawaii Convention Center
- Register: [http://www.cvent.com/d/9tqsyv](http://www.cvent.com/d/9tqsyv)
- Cost: Varies, discounts before March 15, Pre-summit & conference $440, Conference $385

**EAGALA Equine Assisted Psychotherapy Training & Certification (O'ahu)** (28 CEUs)
- Date & Time: April 18-22, 9am-4:30pm
- Location: Sunset Ranch, 59-777 Pupukea Road, Haleiwa
- Cost: $2100, Discounts are available for groups, students, military and currently certified members.
- This program is approved by the National Association of Social Workers (NASW), approval #886542588, for Social Work continuing education contact hours.

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Introduction by Holly Arroyo, NASW Hawaii MSW Intern
Reviews by Jenalyn Camagong, NASW Hawaii MSW Intern

Throughout the history of film and television, depiction of a character’s occupation has been an common tool in storytelling as a way to quickly grasp the defining traits of that character. Sensitive, yet stable males are often portrayed as architects and single, cold-hearted females can be business executives. Police Officers, detectives, and soldiers are often used to drive action-heavy films and teachers, attorneys, or journalists are typically the passionate pursuers of justice. While not all these professions are always depicted in this way, it highlights two issues of the Hollywood dramatization of occupations: some professions are represented far more than others and these often inaccurate depictions may be to the detriment of real professionals.

For the social work profession in particular, the number of film and TV depictions is minuscule compared to the ones previously mentioned. When a social worker is featured in popular culture, there are common misconceptions about what type of person becomes a social worker and what a social worker does. A common trope of social work is that they are often poor, over emotional women who are either bleeding hearts with no boundaries or who work for child protection where the goal is removing children from their homes. The reality is a far cry from the narrative formed in Hollywood. These misconceptions not only affect social workers, but also vulnerable populations that social workers serve. Children, adolescents, adults, elderly, poor, homeless and more may be hesitant to seek out services if they believe in the negative film depictions of social workers.

As society becomes more progressive, these stereotypes have begun to change and social workers are starting to be portrayed in a more accurate light. But there is still much further to go. By educating the public and Hollywood of the true scope and diversity of the social work profession and being a part of the creative process of films and TV shows depicting social workers, the social work profession can begin to undo and prevent further damage to social work’s public image.
**Reviews of Popular Movies Depicting Social Work**

**“Lilo and Stitch”**

“Lilo and Stitch” is about a girl named Lilo who lives with her older sister, Nani. Nani has taken care of Lilo since their parents passed away. In the movie, they adopt a “dog” who is actually an alien.

**Social Worker: Mr. Cobra Bubbles**

A social worker named Cobra Bubbles conducts home visits with Nani and Lilo, making sure that Lilo lives in a stable home. In the beginning, the movie showcases him with a tough exterior, he wears a formal black tie suit and radiates such an intimidating persona. As the movie continues, Mr. Bubbles is then showcased as a fair and empathetic person. He gives Nani a few chances to prove that she can take care of Lilo and manage the house. When things get out of control and their home is destroyed, Mr. Bubbles had no choice but to take Lilo away. Mr. Bubbles becomes more empathetic towards to the end of the movie. After finding out that their “dog” is actually an alien causing these series of unfortunate events, he understands Nani and Lilo’s situation and allowed them to stay together.

**Review**

This movie portrays the social worker as very intimidating and it doesn’t help that he is portrayed as a social worker with authority to take away the child. Mr. Bubbles is also a former CIA agent, who displays an intimidating persona and Nani is often distressed knowing that it is a possibility Mr. Bubbles could take away Lilo. He carries that CIA image with him even through his role as a Social Worker. One of the good things about how this movie portrays social workers is how Mr. Bubbles is stern and serious but also empathizes with Lilo. Mr. bubbles is compassionate to Lilo and he cares for her wellbeing. Therefore, when the time comes to take Lilo away, he feels obligated to do it. He is stern with his decision as he feels that Nani is not able to take care of Lilo and he believes this is the best decision for her.
“Precious”

In the movie, “Precious”, a young woman named Claireece “Precious” Jones is abused by her mother and father. She is pregnant with her second child from her own father. Precious was sexually abused by her father while her mother physically and emotionally abuses her. Precious then meets with Ms. Weiss who is the Social Worker at the welfare office.

The Social Worker: Ms. Weiss

Precious meets Ms. Weiss at the welfare office. Ms. Weiss, does her job and asks about how things are going. Ms. Weiss starts probing and trying to find out the truth. Finally, Precious tells Ms. Weiss the truth about the abuse that she is going through. Towards the end of the movie Precious, Ms. Weiss, and Mary meet and discuss the physical and sexual abuse that continued in the house.

Review

Towards the end of the movie, Precious decided to end her relationship with her mom and no longer remain in contact with her. When Mary realizes that she no longer will see her daughter, Mary grabs Ms. Weiss’ arm and begs her to bring her child back. Ms. Weiss pulled her arm free, said nothing, and walked away. During that scene, Ms. Weiss could have handled the situation in a different and professional manner. Precious also should’ve been referred to resources or protected in some ways after finding out in the first place that she was being abused. Also, due to the sensitivity of the topic that was discussed in her office, the issue should have been disclosed in a more enclosed area rather than a cubicle.
“It Takes Two”

In this movie, two children meet who are complete strangers but are identical in appearance. One child, Amanda, an orphan who is under the care of a social worker, Diane Barrows. The other child, Alyssa comes from a wealthy background. When these two children meet, they decide to switch places and experience each other’s life.

Social Worker: Diane Barrows

Diane Barrows, plays a good character by the way she interacts with the children. It is clearly shown in the movie that she has a passion to work with kids. Diane tries her best to adopt Amanda but because of her income, the agency that she works under found her unfit to adopt Amanda. This becomes a conflict of interest because it’s creating multiple relationships with a client and mixing personal life with work life. Since the Butkis family is in the process of adopting Amanda, Diane also tries to intercept the process in the movie. This questions ethical issues because it’s not the best interest for the child but it becomes the best interest for herself at that point in the story.

Review

Often times movies create an inaccurate image of social workers. For example, the image of a social worker taking away child from his or her family is becoming a repetitive iconic theme. “Lilo and Stitch” uses this imagery of social workers. But that is not what all social workers do. Movie producers also fail to incorporate details, using the title of social worker rather than case worker assigned to a specific character or including details of their practices. In the movie “Precious”, Ms. Weiss neglects to provide protection after finding out Precious was abused at home and the way she handles it with Mary in the end of the movie. Movie producers create plots to make things exciting but it also affect the image of social workers. For example, some movies show social workers crossing boundaries to have an intimate relationship with a client. “It Takes Two” uses that imagery when Diane Barrows wants to adopt Amanda even though she is a client. The movie also has a scene in which Diane tried to stop the couple who wanted to adopt Amanda, during that scene it was for her own benefit at that moment.
IN HONOR OF NATIONAL SOCIAL WORK MONTH
HPU SCHOOL OF SOCIAL WORK PRESENTS:
SOCIAL WORK FILM FESTIVAL

Free Admission and open to all members of the community!
Snacks and drinks will be provided!

Friday
March 2
5:30-8:00PM
Awake, A Dream from Standing Rock hosted by HPU Social Work Faculty
Aloha Tower Marketplace, Multi-purpose room 2
The Standing Rock Sioux Tribe in North Dakota captures world attention through their peaceful resistance against the U.S. government’s plan to construct an oil pipeline through their land.
Learn more at https://awakethefilm.org/

Tuesday
March 13
5:30-8:00PM
Out of State hosted by Social Work Alumni
Aloha Tower Marketplace, Multi-purpose room 2
The story of outcasts, of Native Hawaiian prisoners shipped 3,000 miles across the ocean to a for-profit prison in the desert of Arizona. In this unlikely setting, these men discover their fierce indigenous dances, inspiring two students to fight to turn their lives around upon release.
More information can be found at www.facebook.com/outofstatefilm/

Wednesday
March 21
5:30-8:00PM
Island Soldier hosted by NASW-HI
Aloha Tower Marketplace, Multi-purpose room 2
The untold story of Micronesian soldiers fighting for their piece of the “American Dream” and the future of a small island nation.
Find out more at www.islandsoldiermovie.com

Thursday
March 29
5:30-8:00PM
The Hunting Ground
Hawai‘i Loa Campus, AC 101
An expose of rape crimes on U.S. college campuses, their institutional cover-ups, and the devastating toll they take on students and their families.
Find more information at http://thehuntinggroundfilm.com/

For more information please contact: Haley Lytle at 808-544-0234 or hlytle@hpu.edu.
Kenneth Lee was the former Supervisor and Discharge Planning Coordinator, Social Work Service, at Tripler Army Medical Center in Hawaii. Before joining Tripler Army Medical Center, Mr. Lee served in the U.S. Air Force as a uniformed Social Work Officer. Mr. Lee continued his work with military-related clients following active duty in a variety of medical and psychiatric settings with the Veterans Administration and the Department of the Army.

After his retirement from federal service in 2000, Mr. Lee worked as a volunteer for the American Red Cross as a Disaster Mental Health Specialist and as a member of the American Red Cross Aviation Incident Response (AIR) Team and the International Response Team (IRT) for transportation disasters. Mr. Lee was also the Hawaii State Chapter Disaster Mental Health Lead and a disaster mental health instructor for the American Red Cross. Mr. Lee assisted in providing disaster mental health services at the World Trade Center following the events of September 11. In addition, Mr. Lee volunteered for the American Cancer Society as a consultant and facilitator in planning and conducted activities for teenager and child cancer survivors. Mr. Lee had more than 32 years of experience as a clinical social worker, grief and bereavement counselor, and disaster mental health clinician in a multitude of settings.

Mr. Lee received numerous awards for his exceptional work in the area of disaster mental health. The NASW Hawaii Chapter named him Social Worker of the Year in 1997 and 2002. He was named the Army Social Worker of the Year in 2000 and received a medal for the Federal Service Civilian Achievement Award. Mr. Lee received a BA in sociology and a MSW from the University of Hawaii, Honolulu. He completed postgraduate work as a Community Health Fellow at Massachusetts General Hospital/ Harvard University Medical School and a Family Therapy Certificate program at the University of Southern California.
Survey: What Does It Take To Take Your Dog To Work?

Dear Social Work Colleagues,

You are invited to participate in a research study examining clinical social workers’ perceptions of training needed to include animals in practice, and the factors clinical social workers use in determining whether to include animals. We are seeking input from social work practitioners who provide direct services to clients. The survey should take about 15 minutes to complete. Responses will be kept confidential. If you have any questions about this study, please feel free to contact me at the email below.

Thank you!

Link to online survey: https://www.surveymonkey.com/r/5PV3LXT

Dr. Maureen A. MacNamara, macnamarama@appstate.edu

NOTE: Appalachian State University and NASW have granted IRB approval for this study.

This study is NOT endorsed by NASW.

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Go from student to employed professional, frontline worker to manager. Find a higher-paying position closer to home. Apply your skills and experience at a new location across the nation. Whatever your next professional step may be, the Social Work Career Center has the tools you need to excel.

Start, grow, and manage your career at CAREERS.socialworkers.org